

GUARDIAN ANGELS' RCPS PROGRESSION OF VOCABULARY

	Learning Journey 1	Learning Journey 2	Learning Journey 3
Nursery / Reception	<u>Created and Loved by God</u> Religious Understanding creation God dark still light daytime night-time sky sea land plants sun moon stars fish birds animals people man woman Adam Eve children special earth love rest one two three four five six seven first second third fourth fifth sixth <u>Created and Loved by God</u> Me, My Body, My health similar different same unique special God's children love likes dislikes gifts talents skills running jumping hopping climbing balancing walking crawling flapping pointing splashing waving bending stamping shaking smiling talking eating drinking singing drawing dancing sleeping playing laughing painting building hugging kissing head hair eyes ears mouth shoulders back arm fingers thumb nose hand elbow leg foot knees toes ready prepared responsibility duty body gift God look after creation trust special job diet exercise sleep keeping clean brush teeth flush the toilet wash hands brush hair <u>Created and Loved by God</u> Emotional Wellbeing	<u>Created and Loved by God</u> Life cycles growing changing life cycle human baby older baby toddler child older child teenager adult elderly person God's plan responsibility loving kind generous change classroom teachers classmates friends feelings experiences rules routines growing up looking forward Year 1 move transition God's love God's plan <u>Created to Love Others</u> Religious Understanding Bible story God's family Jesus role model example love sharing caring being kind please thank you helping <u>Created to Love Others</u> Personal Relationships family friends others mum dad sister brother auntie uncle grandad teacher priest cousin gardener police officer post-delivery person shopkeeper classmates special people trust love care God's family friend nice kind friendly generous fair honest loyal patient trusting caring respectful unkind hurtful mean rough mistakes forgiveness inappropriate good/bad friend Jesus	<u>Created to Love Others</u> Keeping safe accident safe unsafe outside inside online helmet stabilisers seat belt sun cream hat water inflatable ring armbands roads oven radiator washing capsule/powder cleaning products iron plug sockets matches knives wet floor bodies minds God's gift safe loving caring listening helping friend rules boundaries behaviour un/acceptable privates are private underwear worried grumpy cross sad upset special people poorly sick hurting sore throat headache medicine tablets liquids needles feeling better throat sweets drugs harm special people doctor God bodies gift help lollipop person mechanic dentist builder plumber nurse vet doctor firefighter police officer paramedic emergency serious dangerous unexpected immediate police car fire engine/truck ambulance First Aid injury hurt <u>Created to Live in Community</u> Religious Understanding Holy Trinity of God Father Son Holy Spirit three in one three persons made in the image of God care love God love others

	like dislike similar different good bad gifts talents special unique loved God happy share thank you rest play safe needs respect feelings inside happy sad angry cross mad frightened worried surprised difficult pleasurable information trusted adult God's love help comfort welcome feelings actions consequences thinking important amazing happy proud embarrassed sad left out angry upset annoyed ashamed mean forgiveness behaviour mistakes God's love	friend kind listen share care fair sorry mistakes forgiveness choice feeling forget hurt Jesus role model courage <u>Created to Love Others</u> Life Online internet network connect computers information device phone/smartphone laptop tablet shopping video call YouTube game moderation expensive careful trust strength gift internet network connect computers information device phone/smartphone laptop tablet safe unsafe appropriate website advert pop-up comforting reassuring peaceful protected happy free God's gift	Holy Trinity of God Father Son Holy Spirit three in one made in the image of God care love God love others community school family friends Church neighbours villages towns cities counties countries world action incredible miracle <u>Created to Live in Community</u> Living in the Wider World love community school family friends Church neighbours villages towns cities counties countries world respect different unique responsibility charity people planet creation work jobs earn money pay for things provide needs God's plan help others strengths gifts talents thankful want need money value coins notes buy save cost price God's love family friendship free
Year 1	<u>British Values</u> Democracy monarchy monarch king queen London Buckingham Palace <u>Created and Loved by God</u> Religious Understanding special important worthy valuable unique individual Kingdom of Heaven welcome faith purpose happy body mind spirit <u>Created to Love Others</u> Religious Understanding naughty mistakes abandon forgive sorry God's love inheritance sin	<u>Created to Love Others</u> Personal Relationships family mum dad brother sister grandma grandad friend priest special loving listen safe responsible adult behaviour appropriate inappropriate OK not OK nasty mean teasing bullying rude lies generous helpful honest unfair jealous welcoming selfish fun good listener fair trust steal hurt fault blame forgiveness argument responsible sorry feelings actions trust hurt mistakes sin <u>Created to Love Others</u>	<u>Created to Live in Community</u> Religious Understanding Holy Trinity God the Father God the son (Jesus) God the Holy Spirit Sign of the Cross persons love designed triangle community neighbour Holy Trinity God the Father God the son (Jesus) God the Holy Spirit love The Good Samaritan <u>Protected Characteristics</u> same different individual needs stereotype

		Keeping Safe good secret bad secret surprise safe unsafe temporary forever trust threat guilty private matter body God respect gift appropriate inappropriate PANTS rules private physical touch positive negative feelings affection safe unsafe necessary unnecessary permission secret trust comfortable uncomfortable (harm private parts same born) medicines drugs alcohol cigarettes tobacco un/harmful substance addictive nicotine pills consume smoke bleach needles liquids doctor pharmacy emergency police officer fire brigade firefighter ambulance paramedic vaccine 999 injury sick pain struggling car crash help caution germs emergency police fire brigade ambulance paramedic 999 injury help twists sprains RICE (Rest, Ice, Compression, Elevation) burns cuts	
Year 2	<u>British Values</u> Democracy Government London Houses of Parliament Prime Minister <u>Created and Loved by God</u> Religious Understanding special important worthy valuable unique individual Kingdom of Heaven welcome faith purpose happy body mind spirit <u>Created and Loved by God</u>	<u>Created and Loved by God</u> Emotional Well-Being like/dislike love/hate prefer feelings positive/negative loved respected safe excited frightened worried happy sad annoyed bored sleepy calm feelings actions choice extremely very a little bit fight angry annoyed negative positive feelings actions consequences choice mistakes sorry forgiveness God Jesus Sin	<u>Created to Live in Community</u> Living in the Wider World community consequences responsibilities national global school parish home receptionist teacher teaching assistant caretaker cleaner head teacher priest altar server reader choir recycling litter respectful graffiti job work community money boys girls equality created by God unique

	Me, My Body, My Health unique special similarities differences individual gifts talents skills similarities differences gender stereotypes equal value worth favourite interests personality physical appearance shoulders legs arms ears head (genitalia scientific penis testicles vulva vagina urethra private) care special good super balanced diet clean wash brush sleep teeth hair body hygiene healthy	separate friends Garden of Eden die Cross Sacrament of Reconciliation <u>Created and Loved by God</u> Life Cycles different similar special growing changing God's plan God's love baby child teenager adult elderly person beginning ending middle birth lifetime death heaven God's love baby child teenager adult elderly person natural life cycle grief loss sad grumpy angry confused hard to concentrate lonely shocked puzzled messy hope change grow seasons life-cycle expected unexpected similarities differences God's plan growing up moving on transition manage feelings emotions support <u>Created to Love Others</u> Life Online internet network computer laptop tablet phone devices online offline shopping games directions social media photos email video calls instant messaging videos real feelings happy sad annoyed scared bored disgusted calm trust special person rules peace safe unsafe online offline rules help internet screen time moderation pop-ups website games appropriate block report delete warm comforted reassured peaceful happy protected free tablet laptop phone helmet oven gloves seatbelt sunscreen hat map stop look listen stabilisers armbands	strengths gifts talents satisfaction fulfilment God's call vocation God's plan needs wants exchange value cost choice spend save give important valuable look after God's love <u>Protected Characteristics</u> same different individual needs stereotype marriage race ethnicity belief disability
Year 3	<u>British Values</u> Democracy	<u>Created to Love Others</u> Personal Relationships	<u>Created to Live in Community</u> Religious Understanding

	Government London Houses of Parliament Prime Minister Conservative Party Green Party Labour Party Liberal Democrats Party blue green red yellow leader <u>Created and Loved by God</u> Religious Understanding God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue Sacrament Reconciliation Baptism visible/invisible water white clothing candle love sorry oils (Catechumens and Chrism) commandments forgive purpose examination of conscience <u>Created to Love Others</u> Religious Understanding forgiveness parable The Prodigal Son inheritance friendships relationships brothers father sons jealous sin action attitude choice celebrate welcome reconciliation	relationship family friend other detective half-brother/sister aunt/uncle grandparents passed away argument adopted God's family the Church qualities kindness listening honesty trust encouragement patience forgiveness respect loyalty fun sorry left out good bad feelings bullying physical emotional banter clique pressure resilience harassment exploitation <u>Created to Love Others</u> Life Online safety digital world websites apps online sharing personal information private things dangers age restrictions cyberbullying consequences trusted adult independence responsibility sharing online website safety cyberbullying danger signs trusted adult report online personal details inappropriate content messages personal safety <u>Created to Love Others</u> Keeping Safe safe people places rules boundaries physical abuse deliberate accident on purpose harm injury emotional abuse criticising threatening shaming abuse of private parts vulva breasts penis testicles inappropriate touching viewing trusted adult support drugs legal medicine illegal recreational doctor pharmacy alcohol perception judgement responsibility moderation addiction smoking tobacco chemical Nicotine	Holy Trinity God Father Son (Jesus) Holy Spirit community of love mystery of faith married family signs symbols kind generous loving wise merciful good listening Holy Trinity God Father Son (Jesus) Holy Spirit family Church Mass sacrament Community worship generous The Common Good The Human Person Social Relationships Stewardship Everyone is included, no-one left behind <u>Protected Characteristics</u> same different individual needs stereotype marriage race ethnicity belief disability tolerance respect
--	---	---	--

		tar Carbon Monoxide Oxygen brain heart lungs teeth skin blood carcinogens cancer First Aid illness injury assistance emergency 999 doctor paramedic calm rest ice compression elevation collapse fire smoke drowning burn hero award courage strong brave difficulty trust rules law government parliament democracy rights human rights respect dignity fairness equality liberty freedom responsibility compassion discrimination diversity protect differences Body of Christ	
Year 4	<u>British Values</u> Democracy Government London Houses of Parliament Prime Minister Conservative Party Green Party Labour Party Liberal Democrats Party blue green red yellow leader Member of Parliament (MP) vote <u>Created and Loved by God</u> Religious Understanding God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue <u>Created and Loved by God</u> Me, My Body, My Health similarities differences unique skills talents confident self-confidence changeable teamwork community beloved Child of God body gift dis/respect special safe healthy in/appropriate balanced diet exercise sensible God Holy Spirit choice responsibility	<u>Created and Loved by God</u> Emotional Well-Being feelings emotions information experience reaction fear anger joy sadness boredom tiredness contentment uncomfortable masking emotional well-being action (hormones chemicals puberty) media radio television newspapers magazines video games internet advertising influence social media truth reality stereotypes resilience self-confidence Facebook Snapchat TikTok Twitter (X) Instagram OK un/acceptable un/healthy risky resilience thankfulness feelings actions In/appropriate peer pressure influence information choices wider context <u>Created and Loved by God</u> Life Cycles life before birth childhood puberty adulthood womb egg sperm Fallopian tube fertilised conception implantation embryo foetus umbilical cord birth	<u>Created to Live in Community</u> Living in the Wider World Church care love noticed respected included recognised appreciated secure not alone charity caritas generous love Emmaus homeless companions injustice prayer job work wages salary payment happiness meaning fulfilment vocation stereotypes opportunities goal setting learning life skills God's plan money cash bank card credit card wants needs value for money spend save give attitudes values expectations priorities faith budget receipts tracking honesty thoughtfulness wisdom God's love <u>Protected Characteristics</u> same different individual needs stereotype marriage race ethnicity belief disability gender tolerance respect diversity attitudes

	(puberty childhood adulthood milestone timeline physical growth development body changes emotions gradual past future Child of God) (puberty childhood adulthood private parts genitalia penis testicles scrotum vulva vagina breasts hips pubic hair muscles spots sweat hormones mood swings periods blood)	birth life childhood puberty adulthood death grief dying breathing heart life cycle heaven loss sad grumpy angry confused hard to concentrate lonely shocked puzzled change grow expected unexpected exciting worrying growing up moving on transition manage feelings emotions God's love constant support coping strategies	
Year 5	<u>British Values</u> Democracy Local council local councillors Conservative Party Green Party Labour Party Liberal Democrats Party blue green red yellow vote <u>Created and Loved by God</u> Religious Understanding care love faith trust confidence power calm individual doubts troubles fear listen possible change puberty adult <u>Created to Love Others</u> Religious Understanding Zacchaeus tax rich unpopular dis/honest un/satisfied material needs outlook perspective called created love others prayer conversation 'thank you' 'help' 'sorry' 'I'm feeling...'	<u>Created to Love Others</u> Personal Relationships pressure un/spoken in/direct un/helpful choice good bad emotional well-being best interests time out critical perspective journal sense of humour pressure consent permission yes no powerful powerless bodily autonomy respect control freedom confidence decisions choice children of God gift precious dignity positive negative self-talk thoughts feelings actions behaviour pressure healthy relationships beneficial risks safe balance expectations realistic emotional well-being <u>Created to Love Others</u> Life Online personal safety digital world websites social media online TV online safety rules communication information entertainment email search engines restrictions sharing online username online messages chatting online accuracy distorted misinterpreted context cyberbullying bullying banter block delete	<u>Created to Live in Community</u> Religious Understanding Holy Trinity God the Father God the Son (Jesus) God the Holy Spirit love mystery of faith helper Good News the Creed the Church God's family home school parish diocese Catholic Social Teaching love relationships created equality justice dignity family community participation rights responsibilities poor vulnerable workers solidarity care <u>Protected Characteristics</u> same different individual needs stereotype marriage race ethnicity belief disability gender tolerance respect diversity attitudes discrimination

		save evidence report good online behaviour responsibility <u>Created to Love Others</u> Keeping safe people places rules un/safe respect bodily privacy bodily autonomy physical touch in/appropriate abuse neglect physical abuse emotional abuse sexual abuse secrets rights freedom protection law intervene discrimination violence health violation drugs alcohol tobacco legal illegal recreational impact lifestyle lungs Oxygen heart blood smoke cigarettes chemicals Nicotine Carbon Monoxide tar organ damage pulse physical financial social impaired moderation responsibility independence honour respect drugs alcohol tobacco pressure choice decision good bad conscience uncomfortable worried anxious upset distressed moderation self-confidence resilience well-being respect First Aid casualty injury safe emergency services recovery position un/conscious DR ABC Danger Response Airway Breathing Circulation Defibrillator life-threatening environment hazards risk innate desire	
Year 6	<u>British Values</u> Democracy General election Government London Houses of Parliament Prime Minister Conservative Party Green Party Labour Party Liberal Democrats Party blue green red yellow leader Member of Parliament (MP) vote constituency candidate <u>Created and Loved by God</u>	<u>Created and Loved by God</u> Emotional Well-Being pressure peer pressure body image media social media expectations teasing banter bullying thankfulness gratitude resist pressure build resilience appropriate inappropriate behaviour actions feelings emotions thoughts manage reframe	<u>Created to Love Others</u> Personal Relationships fairness bullying prejudice discrimination harassment protected characteristics age disability race marriage civil partnership pregnancy maternity religion belief kindness dignity worthy honour respect welcome build others up <u>Created to Live in Community</u>

	Religious Understanding care love faith trust confidence power calm individual doubts troubles fear listen possible change puberty adult <u>Created and Loved by God</u> Me, My Body, My Health similarities differences gifts talents unique loved child of God accept self-confidence value show off compare community faults weaknesses body hair growth spurt puberty breasts buds nipples hips widen waist narrows perspiration oily skin genitals vagina uterus menstruation development self-conscious embarrassed changing natural respect boundaries private body hair growth spurt puberty shoulders widen perspiration oily skin voice breaking genitals penis erections ejaculation semen urethra nocturnal emissions wet dreams hormones development self-conscious natural respect boundaries private embarrassed self-conscious spots sleep exercise personal hygiene screen time gaming addictive protein shake balanced diet choice impact health sun exposure dental hygiene	appropriate inappropriate behaviour actions feelings emotions thoughts manage reframe scared excited happy intense crush infatuation puberty hormones mood swings HALT (Am I Hungry, Angry, Lonely or Tired?) isolation loneliness mental-ill health Childline online good bad pornography appropriate inappropriate addictive emotional brain thinking brain harmless harmful truth love respect online safety <u>Created and Loved by God</u> Life Cycles pregnant parents baby conception sperm egg Fallopian Tube womb uterus implantation placenta umbilical cord embryo foetus vagina birth organ development belly button marriage husband wife God commitment love sex sexual intercourse parents vagina penis sperm erection ejaculation egg conception Fallopian Tube womb uterus Implantation placenta umbilical cord embryo foetus period menstruation sanitary towel sanitary products period hygiene blood cramps premenstrual syndrome (PMS) moodiness bloating spots the menstrual cycle ovaries egg womb lining tissue implantation sperm vagina fertilisation marriage calling death cemetery illness accident old age heaven eternal mystery afraid wake coffin funeral inquest obituary burial cremation gravestone epitaph hearse mourning interment urn grave deceased crematorium	Living in the Wider World Catholic Social Teaching in/justice dignity family community participation rights responsibilities poor vulnerable workers solidarity care protect donate compassion Job work employer salary employee happiness fulfilment vocation stereotypes opportunities aspirations barriers life skills learning pathways self-esteem self-belief unique vocation God's plan Money payment cash cheque credit card debit card bank transfer online payment gift card loan tracking budget receipts saving goals hierarchy of needs attitudes feelings poverty wealth generosity stewardship tithing charitable giving talents ambitions <u>Protected Characteristics</u> same different individual needs stereotype marriage race ethnicity belief disability gender tolerance respect diversity attitudes discrimination identity
--	--	---	---

		life everlasting Reception of the Body Requiem Mass memorial organ donation flowers hope grief pride absence natural process sad grumpy angry confused hard to concentrate lonely shocked puzzled messy celebrate gratitude memories thankfulness change transition secondary school responsibility opportunity support grief feelings challenges coping strategies communicate resilience God is with us God's love	
--	--	--	--