



LET'S WALK TO SCHOOL



This map has been produced in partnership with Living Streets, the UK charity for everyday walking. Living Streets wants a nation where walking is the natural choice for local, everyday journeys.

To find out more about
Living Streets' Walk to School
campaign visit:
**livingstreets.org.uk/
walk-to-school**



Living Streets (The Pedestrians' Association) is a Registered Charity No. 1108448 (England and Wales) and SC039808 (Scotland), Company Limited by Guarantee (England & Wales), Company Registration No. 5368409. Registered office 2 America Square, London EC3N 2LU

WALKING ZONES

Guardian Angels RC Primary School understands that many families travel considerable distances to school in the morning and have little choice but to travel by car. This results in serious traffic congestion around Melrose Ave and Leigh Lane at drop-off and pick-up times making the environment unsafe and difficult to navigate for everyone.

We've been working hard to identify Park & Stride (P&S) locations around the school, where you can leave your car and take a short 5-10 minute walk to school. That way you don't get caught up in the congestion, the environment around the school gates is safer for everyone, and you and your child(ren) get a boost of physical activity at the start of the day.

Park & Stride Location 1
Redford St - park here and walk through
Elton Fold Chase to the Leigh Lane
entrance (less than 5 mins walk to school)

Park & Stride Location 2
Free council carpark on Newbold St
opposite Whitehead Park. Limited spaces
(less than 5 mins walk to school)

Park & Stride Location 3

Free council carpark to south of Whitehead Park off Ainsworth Rd and Lonsdale St. Over 20 spaces. (10 minute walk to school - but our favourite as through the park!)

Park & Stride Location 4

Croston's Retail Park - where Aldi / B&M are located. This is the longest! But not that long! even Strider the Walk to School mascot did it in 12 minutes. It's a straight walk up Wood Street. Give it a try!



HEALTHIER

BEST FOOT FORWARD

Children should be getting at least 60 minutes of moderate exercise every day to develop movement skills, muscles and bones. Walking, cycling and scooting all count and what better time to get a few minutes of extra activity than on the way to school?

In addition to switching their brains on ready for the day's learning, children who walk to school will also benefit from being more closely connected to their communities and nature.



BE PART OF THE WALKING REVOLUTION

WOW – the year-round walk to school challenge encourages pupils all over the UK to walk, cycle, scoot or Park and Stride to school. Every year, hundreds of thousands of pupils take part. Those who travel actively and sustainably to school at least once a week for a month are awarded a WOW badge.

By taking part in WOW, you'll be helping to reduce congestion and improve air quality around the school gates, while your child enjoys the many benefits the simple act of walking brings.



YOUR SCHOOL

At Guardian Angels RC Primary School we are proud to be running the **WOW-Walk to School Challenge** with Living Streets, encouraging as many children as possible to walk, wheel, cycle, scoot or park & stride to school.

Swapping the car journey for a healthy, active journey to school, even for only one day a week, helps to ease congestion and improve the environment outside the school gates. It also supports your child(ren)'s physical and mental wellbeing and starts their day with a boost of activity.

HAPPIER



Guardian Angels RC Primary School is part of the **Eco-Schools programme** which encourages pupils to play a proactive role in improving the ecological footprint and sustainability of their school.

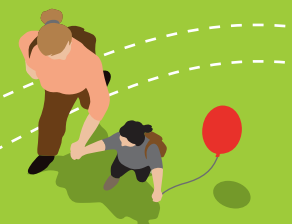
Eco-Schools is an **award scheme linked to the Sustainable Development Goals 2015-2030** and is recognised all over the world. The programme offers participating schools the opportunity to take part in exchanges and share their experiences as part of the national and international Eco-Schools network. Today schools all over the world are taking action on sustainable development through the Eco-Schools programme.

...AND BREATHE

Did you know that in the UK, the school run alone is responsible for generating half a million tonnes of harmful carbon dioxide a year (more than some small countries)?

We can all make changes to reduce the impact we have on climate change. For example, avoid using the car for short journeys that can be easily walked, like the journey to school.

When you do have to drive, remember to switch your engine off whilst stationary. Idling engines can create up to 150 balloons worth of toxic exhaust emissions every minute.



LOOK RIGHT, LOOK LEFT

The walk to school is a perfect opportunity for your children to practise their road safety skills and help them build their confidence by learning how to manage risk.

If you live too far to walk the whole journey, why not try Park and Stride? Find somewhere suitable to park at least a 10-minute walk away from school and complete your journey on foot. If you take public transport, hop off a couple of stops earlier and walk the rest of the way.

**FEWER
CARS.
SAFER
STREETS.**



LIVING STREETS

We are Living Streets, the UK charity for everyday walking. We want a nation where walking is the natural choice for everyday local journeys and our mission is to achieve a better walking environment and inspire people to walk more.

For over 90 years we have been a beacon for walking. In the early days our campaigning led to the UK's first zebra crossing and the introduction of speed limits.

Now our flagship WOW Walk to School Challenge is encouraging children nationwide to walk to school and reap the many benefits this simple act can bring.

Find out more about our work at
www.livingstreets.org.uk



